



HERLINDA LAY

INDEPENDENT SUPPORT WORKER

PROFILE

Dedicated and compassionate Support Worker with extensive experience providing one-on-one support to individuals in various settings such as assist with daily living, community access and SIL. Experienced in Mental health, anxiety, depression, ASD, MS, CP, TBI, Peg feeding and challenging behaviours.

I am skilled in assisting with daily living activities, promoting social participation, and offering care for individuals with diverse needs. Support style: Goal and Independent focused. Long term skill acquisition through increasing independence and social inclusion.

WORK EXPERIENCE

- Independent Support Worker | 2022 - PRESENT

ENA HealthCare | 2022 - PRESENT

Spectrum Care | 2021 - PRESENT

Alliance HealthCare | 2016 - 2022

Provide personalised support to individuals with diverse needs, including age care, spinal cord injury, multiple sclerosis, mental health, Down syndrome, traumatic brain injury (TBI), peg feeding, medication administration, and cerebral palsy. Collaborate with team members and healthcare professionals to ensure holistic care. Maintain accurate documentation and records of client interactions and progress. Handle challenges and problem-solving effectively to ensure the well-being of clients.

- Mark Morran Retirement Village | 2016 - 2020

hospitality Assistant

Assisted in the day-to-day operations, enhancing the living experience of residents through attentive hospitality services.

- Just Better Care Sydney NSW | 2012 - 2016

Community Support Worker

Supported clients in their homes and the community, facilitating social participation and independence.

REFERENCE

Available on request

CONTACT

+61 404 381 948

herlindalay72@gmail.com

Penrith, Sydney - 2750

EDUCATION

Pancasila University | 1998

- Bachelor of pharmaceutical science
- certificate III in community pharmacy
- certificate III in Disability

EXPERIENCED WITH

- Medication
- Peg Feeding
- Cerebral Palsy
- TBI, MS
- Social Support
- Domestic Assistance
- Community Access
- Medication administration
- Hoist / personal care

LANGUAGES

- English
- Indonesian